

# Becoming a positive thinking FRIEND

## LEARN positive ways to handle name-calling and bullying



[www.achievingpositivethinkingworldwide.org](http://www.achievingpositivethinkingworldwide.org)

### Did you know?

1/3 of youth has been bullied. Both educators and students are often unsure how to positively respond when they witness bullying or name-calling 90% OF YOUTH BYSTANDERS OPT TO DO NOTHING.



## **BULLYING OR CYBERBULLYING -- IT IS NOT JUST PHYSICALLY OR EMOTIONALLY OR MENTALLY DEFEATING. It can be social and verbal or both.**

### ◆ How **EDUCATORS** can help students react, in positive ways, to name-calling and bullying (cyberbullying):

This positive, interactive and entertaining (1hour) workshop FOR EDUCATORS provides very simple and practical skills and techniques and ideas to respond, in non-violent ways, to name calling and bullying. This workshop provides opportunities FOR EDUCATORS to develop and practice skills to respond to incidents of name-calling and bullying among high school and college students. Workshops available for educators, administrators and youth service providers.

### ◆ How **STUDENTS** can react, in positive ways, to name-calling and bullying (cyberbullying):

This positive, interactive and entertaining (1 hour) workshop FOR STUDENTS provides very simple and practical skills and techniques and ideas for you or classmates. How to react, in non-violent ways to name-calling and bullying as well as developing and practicing very simple and practical skills and techniques and ideas to react at school or anywhere. Workshops available for high school and college students.



Positive thinking friends help peers, classmates and educators achieve positive thinking solutions to respond to bullying (cyberbullying) and name-calling. By attending this positive, entertaining and interactive workshop you will learn very simple ways to address bullying (cyberbullying) and name-calling. Educators, High School and College students can take important steps to learn very simple and practical skills, techniques and ideas to help, in non-violent ways, to negative words or actions by attending this positive workshop.

For more detailed information, please email [info@achievingpositivethinkingworldwide.org](mailto:info@achievingpositivethinkingworldwide.org)